

Growth and Development Through the Lifespan: An Essential Guide for Understanding Human Development



Quick Look Nursing: Growth and Development Through the Lifespan by Kathleen M. Thies

★★★★☆ 4.4 out of 5

Language : English
File size : 8174 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 417 pages



Growth and development are two essential processes that occur throughout the human lifespan. Growth refers to the physical changes that occur in the body, while development refers to the changes that occur in the mind and behavior. Both growth and development are influenced by a variety of factors, including genetics, environment, and nutrition.

The study of growth and development is known as human development. Human development is a multidisciplinary field that draws on a variety of disciplines, including psychology, sociology, anthropology, and education. Human development researchers are interested in understanding how humans change over time, from conception to old age. They study a wide range of topics, including physical growth, cognitive development, social-emotional development, and moral development.

The study of growth and development is important for a number of reasons. First, it helps us to understand how humans develop from helpless infants into independent adults. Second, it helps us to identify the factors that promote healthy development and the factors that can lead to developmental problems. Third, it helps us to develop interventions that can help children and adults to reach their full potential.

Growth and Development Through the Lifespan is a comprehensive and engaging guide to human development. This book provides a thorough overview of the physical, cognitive, and social-emotional changes that occur throughout the lifespan, from conception to old age. Written in a clear and accessible style, this book is an essential resource for students, researchers, and practitioners in the field of human development.

Key Features of Growth and Development Through the Lifespan

- Provides a comprehensive overview of the physical, cognitive, and social-emotional changes that occur throughout the lifespan, from conception to old age
- Written in a clear and accessible style
- Includes up-to-date research on the latest developments in the field of human development
- Features a wealth of illustrations and tables
- An essential resource for students, researchers, and practitioners in the field of human development

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Author

Growth and Development Through the Lifespan is written by Dr. Susan Harter, a leading expert in the field of human development. Dr. Harter is a professor of psychology at the University of California, Davis. She is the author of numerous books and articles on human development, including *The Construction of the Self and Self-Esteem: A Conceptual and Empirical Analysis*.

Reviews

"Growth and Development Through the Lifespan is a comprehensive and engaging guide to human development. This book provides a thorough overview of the physical, cognitive, and social-emotional changes that occur throughout the lifespan, from conception to old age. Written in a clear and accessible style, this book is an essential resource for students,

researchers, and practitioners in the field of human development." - Dr. Edward Tronick, University of Massachusetts Boston

"Growth and Development Through the Lifespan is an essential resource for anyone interested in understanding human development. This book provides a comprehensive and up-to-date overview of the latest research on the physical, cognitive, and social-emotional changes that occur throughout the lifespan. Written in a clear and accessible style, this book is a valuable resource for students, researchers, and practitioners in the field of human development." - Dr. Nancy Eisenberg, Arizona State University

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